

14th Practical Update in the Practice of Cardiovascular Medicine

Napa Cardiology 2026

May 28-30, 2026

@ The Meritage resort and Spa, Napa, CA



Preliminary Agenda, Subject to Change

Day 1 - May 28, 2026

8:00 AM – 8:15 AM

Welcome – Charles L. Brown MD, David E. Kandzari MD, Alan Yeung MD

8:15AM- 9:30 AM



Conversation Starters

CV Risk Assessment: How, Why and What?

Moderator: Nicole Lohr MD

- CV Inflammation
- Lipid Profile
- CKM Risk Profile
- CV Risk Calculator
- CAC Score

Paul Ridker MD MPH

*Pablo Corral MD***

*Muthiah Vagduganathan MD***

Kaavya Paruchuri MD

Shoa Clarke MD

9:30AM- 10:45 AM



Small Talk, Big Impact

Coronary Artery Disease

Moderator: Alan Yeung MD

- Anatomy Vs. Functional Testing
- ‘Guarantee time’ of a Negative Test
- Anti-Inflammatory Therapy in ACS
- PCI 2026
- CABG 2026

Pamela Douglas MD

Nicole Lohr MD

*Joseph Cheriyan MBChB***

David Kandzari MD

Joseph Woo MD

10:45- 11:15 AM

Coffee

11:15 AM – 12:30 PM



Heart News
Diseases and Drugs

Moderator: Catherine Marti MD

- HFpEF Phenotypes
- Why Do People with HF Die?
- Family Screening for Genetic CMPs
- SGLT2 Inhibitors
- Aldosterone Synthase Inhibitors

*Navin Suthahar MD***
*Roy Gardner MD***
Joyce Njoroge MD
Christopher Granger MD
Luke Laffin MD

12:30 PM- 2:00 PM

Lunch and Learn (Non-CME, AstraZeneca Symposium): Hypertension: TBD

2:00PM- 3:15 PM



Small Talk, Big Impact
GLP-1RA, GIPR-Agonism and Antagonism

Moderator: Pascha Schafer MD

- Mechanisms of Action
- MACE
- Inflammation
- Heart Failure
- Challenges in Primary Prevention

*Alice Adriaenssens PhD***
Christopher Granger MD
Paul Ridker MD
Catherine Marti MD
Joseph C. Wu MD PhD

3:15- 4:15 PM

Coffee and non-CME symposium

4:15 PM- 5:30 PM



Through The Looking Glass

“Wearable” Technology for CV Care

Moderator: Jeffrey Marshall MD

- Cuffless BP Monitoring
- AF Detection
- PCWP in HF
- Mortality Risk in HF
- CPR

*Melvin D. Lobo MD***

Mintu Turakhia MD

Liviu Klein MD, MS

*Abhinav Sharma, MD, PhD***

*Cindy Hsu, MD, PhD, MS***

5:30 PM

Adjourn

Day 2 – Friday, May 29, 2026

8:00 AM - 9:15 AM



AMERICAN
COLLEGE of
CARDIOLOGY

Heart to Heart
ACC Session

Moderator: Charles L. Brown MD

Panelists: Pamela Douglas MD, Pascha Schafer MD, Nicole Lohr MD, Hadley Wilson MD, Arthur Reitman MD

9:15 AM – 10:30 AM



Heart News
Aortic Stenosis

Moderator: Vinod Thourani MD

- SAVR vs. TAVR: Family Feud or Do We Need a Winner? *Vinod Thourani MD*
- TAVR Durability *Rahul Sharma MD*
- Timing of AVR *James Stewart MD*
- SAVR 2026 *Joseph Woo MD*
- Transcervical AVR *Marijan Koprivanac, MD***

10:30- 10:50 AM

Coffee

10:50- 12:05 PM



Small Talk, Big Impact
Coronary Artery Disease

Moderator: David Kandzari MD

- “SMuRFless” Women *Gemma Figtree DPhil, MBBS***
- Plaque is In and Ischemia is Out? *Richard Chazal MD*
- Preventive PCI of High-Risk Plaques *Rasha Al-Lamee MBBS PhD***
- CT guided PCI *Pradyumna Tummala MD*
- Zalusfiban *Arnoud W. J. van't Hof MD***

12:05 PM- 1:40 PM

Lunch and Learn (Non-CME BMS Symposium) Hypertrophic CMP: TBD

1:40 – 3:00 PM



Through The Looking Glass
Techniques and Technologies

Moderator: Hadley Wilson MD

- AI-powered digital stethoscope
- World's Smallest Pacemaker
- Robotic Heart Transplant
- (Robotic) Autonomous Surgery
- AI- Powered Echo Interpretation

*Lambert Appiah MD***

*John Rogers PhD***

*Kenneth K. Liao, MD, PhD***

Ji Woong (Brian) Kim PhD

David Ouyang MD

3:00- 4:15 PM

Coffee and non-CME symposium

4:15 PM – 5:30 PM



Heart News
Lipids

Moderator: Joseph Miller MD

- Why is Hypercholesterolemia So prevalent?
- Should Lp(a) Be routinely Tested?
- Very Low LDL-C Levels: Risk and Benefits
- HDL Levels: Does it Matter?
- CRISPR based Gene-Editing

*Ulrich Laufs MD***

Kaavya Paruchuri MD

Shoa Clarke MD

Fatima Rodriguez MD

Luke Laffin MD

Day 3 - Saturday, May 30, 2026

8:15 AM- 9:30 AM



Heart to Heart *Cardiovascular Health*

Moderator: Joseph Wu MD PhD

- Number of Daily Steps
- Calorie Intake versus Couch Time
- Glycemic Spikes
- Sleep
- CV Biologic Age

*Melody Ding MPH, PhD***

*Herman Pontzer PhD***

*Eran Sagal PhD***

*Emmanuel Stamatakis PhD***

*Pier-Giorgio Masci MD PhD***

9:30 AM – 10:45 AM



Heart News **Fast Five Facts in Structural Heart Interventions**

Moderator: Joseph Woo MD

- LAAO
- MR in Heart Failure
- Surgical Repair for MR
- Tricuspid Regurgitation
- AI-Driven, Robotic TAVR

Arthur Reitman MD

Rahul Sharma MD

Vinod Thourani MD

James Stewart MD

*Thomas Modine MD***

11:00 AM

Adjourn
