

14th Practical Update in the Practice of Cardiovascular Medicine

Napa Cardiology 2026

May 28-30, 2026

@ *The Meritage resort and Spa, Napa, CA*



Preliminary Agenda, Subject to Change

Day 1 - May 28, 2026

8:00 AM – 8:15 AM

Welcome – Charles L. Brown MD & David E. Kandzari MD

8:15AM- 9:30 AM



Conversation Starters

CV Risk Assessment: How, Why and What?

Moderator: Nicole Lohr MD

- CV Inflammation
- Lipid Profile
- CKM Risk Profile
- CV Risk Calculator
- CAC Score

Carlin Long MD

*Pablo Corral MD***

*Muthiah Vagduganathan MD***

Kaavya Paruchuri MD

Shoa Clarke MD

9:30AM- 10:45 AM



Small Talk, Big Impact

Coronary Artery Disease

Moderator: TBD

- Anatomy Vs. Functional Testing
- ‘Guarantee time’ of a Negative Test
- Anti-Inflammatory Therapy in ACS
- PCI 2026
- CABG 2026

Pamela Douglas MD

Nicole Lohr MD

*Joseph Cheriyan MBChB***

David Kandzari MD

Joseph Woo MD

10:45- 11:15 AM

Coffee

11:15 AM – 12:30 PM



Heart News
Diseases and Drugs

Moderator: Catherine Marti MD

- HFpEF Phenotypes
- Why Do People with HF Die?
- Family Screening for Genetic CMPs
- SGLT2 Inhibitors
- Aldosterone Synthase Inhibitors

*Navin Suthahar MD***

*John McMurray MD***

Joyce Njoroge MD

Stephanie Hsiao MD

Luke Laffin MD

12:30 PM- 2:00 PM

Lunch and Learn (Non-CME, AstraZeneca Symposium): Hypertension: TBD

2:00PM- 3:15 PM



Small Talk, Big Impact
GLP-1RA, GIPR-Agonism and Antagonism

Moderator: Pascha Schafer MD

- Mechanisms of Action
- MACE
- Inflammation
- Heart Failure
- Challenges in Primary Prevention

*Jonathan Campbell PhD***

*Frank Hu PhD***

Carlin Long MD

Catherine Marti MD

Patricia Nguyen MD

3:15- 4:15 PM

Coffee and non-CME symposium (Non-CME, BridgeBio Symposium): Amyloid (TBD)

4:15 PM- 5:30 PM



Through The Looking Glass

“Wearable” Technology for CV Care

Moderator: Jeffrey Marshall MD

- Cuffless BP Monitoring
- AF Detection
- PCWP in HF
- Mortality Risk in HF
- Personal Health Agent

*Naomi Fisher MD***

Mintu Turakhia MD

Liviu Klein MD, MS

*Abhinav Sharma, MD, PhD***

*Mark Braunstein MD***

5:30 PM

Adjourn

Day 2 – Friday, May 29, 2026

8:00 AM - 9:15 AM



AMERICAN
COLLEGE of
CARDIOLOGY

Heart to Heart
ACC Session

Moderator: Charles L. Brown MD

Panelists: Pamela Douglas MD, Pascha Schafer MD, Nicole Lohr MD, Hadley Wilson MD, Arthur Reitman MD

9:15 AM – 10:30 AM



Heart News
Aortic Stenosis

Moderator: Vinod Thourani MD

- SAVR vs. TAVR: Family Feud or Do We Need a Winner? *Vinod Thourani MD*
- TAVR Durability *Rahul Sharma MD*
- Timing of AVR *James Stewart MD*
- SAVR 2026 *Joseph Woo MD*
- Transcervical AVR *Marijan Koprivanac, MD***

10:30- 10:50 AM

Coffee

10:50- 12:05 PM



Small Talk, Big Impact
Coronary Artery Disease

Moderator: David Kandzari MD

- “SMuRFless” Women *Natalie Arnold MD***
- Plaque is In and Ischemia is Out? *Richard Chazal MD*
- Preventive PCI of High-Risk Plaques *Seung-Jung Park MD PhD***
- CT guided PCI *Arthur Reitman MD*
- Zalusfiban *Jurrien ten Berg MD PhD***

12:05 PM- 1:40 PM

Lunch and Learn (Alnylam Sponsored Symposium): Amyloid (TBD)

1:40 – 3:00 PM



Through The Looking Glass
Techniques and Technologies

Moderator: Hadley Wilson MD

- AI-powered digital stethoscope
- World's Smallest Pacemaker
- Non-Device exclusion of the LAA
- (Robotic) Autonomous Surgery
- AI- Powered Echo Interpretation

*Lambert Appiah MD***
*John Rogers PhD***
*Tiantian Xu PhD**(TBC)*
Ji Woong (Brian) Kim, PhD
David Ouyang MD

3:00- 4:15 PM

Coffee and (Non-CME BMS Symposium) Hypertrophic CMP: TBD

4:15 PM – 5:30 PM



Heart News
Lipids

Moderator: Joseph Miller MD

- Why is Hypercholesterolemia So prevalent?
- Should Lp(a) Be routinely Tested?
- Very Low LDL-C Levels: Risk and Benefits
- HDL Levels: Does it Matter?
- CRISPR based Gene-Editing

*Ulrich Laufs MD***
Kaavya Paruchuri MD
Shoa Clarke MD
Nathan Wong PhD
Luke Laffin MD

Day 3 - Saturday, May 30, 2026

8:15 AM- 9:30 AM



Heart to Heart *Cardiovascular Health*

Moderator: Joseph Wu MD PhD

- Number of Daily Steps
- Calorie Intake versus Couch Time
- Glycemic Spikes
- Sleep
- CV Biologic Age

*Melody Ding MPH, PhD***

*Eric Trexler PhD***

*Eran Sagal PhD***

*Emmanuel Stamatakis PhD***

*Pier-Giorgio Masci MD PhD***

9:30 AM – 10:45 AM



Heart News **Fast Five Facts in Structural Heart Interventions**

Moderator: Joseph Woo MD

- LAAO
- MR in Heart Failure
- Surgical Repair for MR
- Tricuspid Regurgitation
- AI-Driven, Robotic TAVR

Arthur Reitman MD

Rahul Sharma MD

Vinod Thourani MD

James Stewart MD

*Thomas Modine MD***

11:00 AM

Adjourn
